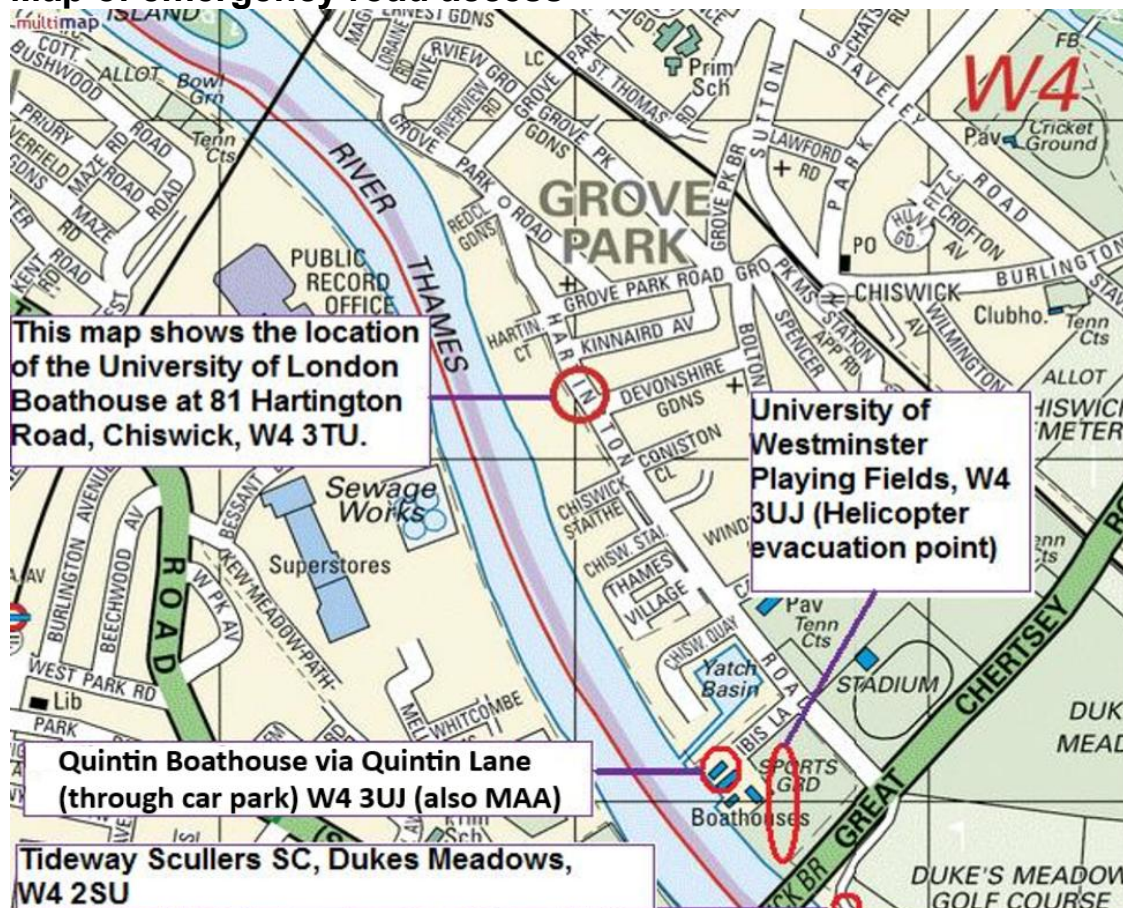


UNITED HOSPITALS REGATTAS

Accident & Emergency, incident management and first aid

Map of emergency road access



Facilities for Medical Aid			
First Aid	Serious Injury	Evacuation	
1. Primary – UL Boathouse	Senior Medical Officer. Contact by radio/mobile phone. If life-threatening injury contact 999 immediately. If the incident is on the water ask for COASTGUARD . Ask crew to ROW TO the nearest SHORE if safe to do so.	By Road	By Air
		ULBH – 81 Hartington Rd, W4 3TU ///cooks.clever.leaps	ULBH (need to clear tarmac to enable helicopter to land)
		Quintin - 42 Ibis Lane W4 3UJ (note best access via Quintin Lane through car park) ///noon.effort.bubble	2. University of Westminster playing fields W4 3UJ ///season.liver.cool
		TSSC – Dukes Meadows W4 2SH ///Cherry.pipes.solid	

Appendix 4a - Action in the event of an incident on water

Control

- In the event of an incident your first priority is for the safety of competitors and yourself.
- Keep all radio messages to a minimum.
- Remember that launch-based marshals may have difficulty keeping in constant communication with race control
- Control is the UH/UL officer at ULBH in charge of dealing with the incident.
 1. ENSURE THAT RADIO TRAFFIC IS CONTINUOUSLY MONITORED THROUGHOUT THE EVENT. DOCUMENT TIMES AND CONTENT OF MESSAGES.
 2. SUSPEND RACING.
 3. ENSURE THAT THE SAFETY LAUNCH IS IN ATTENDANCE.
 4. KEEP RADIO TRAFFIC TO A MINIMUM AND STOP UNRELATED RADIO DISCUSSION.
 5. IN THE EVENT OF LIFE-THREATENING EMERGENCY ON THE WATER CONTACT 999 IMMEDIATELY AND ASK FOR **COASTGUARD** (STATE NUMBER OF CASUALTIES AND NATURE OF PROBLEM E.G. *"ONE ROWER, SEVERE LEG INJURY FOLLOWING COLLISION"*).
 6. IF APPROPRIATE, CONTACT LONDON AMBULANCE SERVICE. UNIVERSITY OF LONDON BOATHOUSE ADDRESS IS 81 HARTINGTON RD, W4 3TU. WHAT3WORDS *///COOKS.CLEVER.LEAPS* (THIS IS THE LOCATION OF THE MAIN GATE).
 7. IF AN AMBULANCE HAS BEEN CALLED TO ULBH: PLACE A GUIDE BESIDE HARTINGTON ROAD TO SIGNAL LOCATION OF ULBH TO THE AMBULANCE DRIVER (THEY MAY NOT BE FAMILIAR WITH THE LOCATION) - check clear access route to front and back of ULBH.
 8. PREVENT ANY FURTHER ROWING CREWS FROM BOATING UNLESS ADVISED BY CONTROL
 9. CO-ORDINATE RECEPTION OF CASUALTIES
 - **COUNT** CASUALTIES AS THEY RETURN TO ULBH. MAINTAIN A LOG OF MULTIPLE CASUALTIES RETURNED TO ULBH.
 - ENSURE RIVER-BANK CLEARED OF BOATS TO ALLOW ROOM FOR RETURNING LAUNCHES
 - PREPARE FOR CASUALTIES (I.E. EXPECT A DEGREE OF HYPOTHERMIA; PREPARE WARM DRINKS IN ULBH LOUNGE.)
 10. IF A SECONDARY EVACUATION CENTRE HAS BEEN DESIGNATED:
 - SEND ADDITIONAL HELPERS TO THE SECONDARY CENTRE AS SOON AS POSSIBLE.
 - DESIGNATE AN INDIVIDUAL (AS APPROPRIATE) TO ACT AS THE UH/UL OFFICER IN CHARGE OF THE SECONDARY EVACUATION CENTRE. THAT INDIVIDUAL WILL ACT AS CO-ORDINATOR AT THE SECONDARY CENTRE.

Appendix 4a - Action in the event of an incident on water

Launch officials

- Ensure you have all safety equipment as set out in the British Rowing Row Safe before boating (see display on boathouse wall) **and** that you know how to use it.
- In the event of an incident your first priority is for the safety of competitors and yourself.
 1. IMMEDIATELY INFORM **SAFETY LAUNCH** VIA RADIO. INCLUDE YOUR IDENTITY, LOCATION, NATURE OF INCIDENT AND NUMBER OF CASUALTIES (E.G. “SAFETY, SAFETY, THIS IS LAUNCH 2, CAPSIZED VIII 100YDS DOWNSTREAM OF KEW BRIDGE, NINE PEOPLE IN THE WATER”).
 2. IF RADIO CONTACT IS NOT POSSIBLE, USE ANY AVAILABLE MOBILE TELEPHONE TO CONTACT RACE CONTROL.
 3. ENSURE THAT YOU HAVE AN ACKNOWLEDGEMENT FROM THE SAFETY LAUNCH (OR CONTROL). ONCE YOUR CALL HAS BEEN ACKNOWLEDGED, MAINTAIN RADIO SILENCE UNLESS THERE ARE FURTHER SAFETY RELATED ISSUES.
 4. IN THE EVENT OF LIFE-THREATENING EMERGENCY ON THE WATER CONTACT 999 IMMEDIATELY AND ASK FOR **COASTGUARD** (STATE NUMBER OF CASUALTIES AND NATURE OF PROBLEM E.G. “ONE ROWER, SEVERE LEG INJURY FOLLOWING COLLISION”).
 5. IF APPROPRIATE, CONTACT LONDON AMBULANCE SERVICE. UNIVERSITY OF LONDON BOATHOUSE ADDRESS IS 81 HARTINGTON RD, W4 3TU. WHAT3WORDS ///COOKS.CLEVER.LEAPS (THIS IS THE LOCATION OF THE MAIN GATE).
 6. IF THE INCIDENT IS IN THE SECOND HALF OF THE COURSE, CALL **LAUNCH 4** (FINISH MARSHAL) FOR ASSISTANCE IF NECESSARY.
 7. AT ALL TIMES KEEP RADIO TRAFFIC TO THE MINIMUM REQUIRED (REMEMBER WHEN YOU ARE TRANSMITTING NO-ONE ELSE CAN!)
 8. IF YOU ARE NOT REQUIRED TO HELP DEAL WITH THE EMERGENCY REMAIN IN YOUR ALLOCATED STATION AND MONITOR OTHER CREWS.
 9. THE SAFETY LAUNCH SHOULD PROVIDE THE PRIMARY RESCUE IN MOST CIRCUMSTANCES. OTHER LAUNCHES IN THE VICINITY SHOULD STAY AWAY FROM THE PRIMARY RESCUE UNLESS CALLED TO ASSIST (FOR EXAMPLE, IN DEALING WITH THE RACING BOAT), BUT SHOULD MAINTAIN A GOOD LOOKOUT TO PREVENT OTHER RIVER USERS FROM ENTERING THE INCIDENT AREA.
 10. DO NOT ATTEMPT TO TRANSFER AN UNCONSCIOUS PERSON FROM ONE BOAT TO ANOTHER IN DEEP WATER. IF POSSIBLE AND SAFE TO DO SO, ASK THE REST OF THE CREW TO ROW TO THE NEAREST SHORE.
 11. TIN FISH LAUNCHES SHOULD **ONLY** ASSIST IN THE RECOVERY OF PERSONS IN THE WATER IF IT IS SAFE TO DO SO (DO NOT PUT YOURSELF IN DANGER).
 - REMEMBER TO KEEP A GOOD LOOKOUT AND PROCEED WITH CAUTION WHEN CLOSE TO PERSONS IN THE WATER
 - CUT YOUR ENGINE OR KEEP THE ENGINE CAREFULLY MONITORED WHEN RECOVERING PERSONS FROM WATER (DANGER OF DIRECT INJURY FROM PROPELLER)
 - TAKE NOTE OF THE STABILITY OF YOUR OWN CRAFT AS OTHERS CLIMB ABOARD (CONSIDER TOWING TO NEAREST RIVER BANK)

- BEWARE OF OVERLOADING YOUR OWN CRAFT
12. USE THERMAL BLANKETS AND SPARE BUOYANCY AIDS
 13. TAKE CASUALTIES TO ULBH (UNLESS IT IS AGREED TO USE A SECONDARY EVACUATION AREA)