UNITED HOSPITALS HEAD RACE

Risk assessment

This assessment is designed to cover foreseeable risks in the conduct of the UH Head. This event is usually held in the middle of the Spring term. Boating for this event occurs mainly from University of London boathouse (ULBH), but one club (KCL/GKT) boats from Tideway Scullers School boathouse (TSSBH) and one club (ICSM) is now based at Putney, but will probably boat from ULBH. Invitational clubs may boat from ULBH or elsewhere. Racing will be on the ebb tide.

The event will be held in accordance with the principles set out in *The Tideway Code (TC)* published by the PLA.

Crews will proceed to the marshalling area following TC. The marshalling area is shown at appendix 6/website, and is alongside Isleworth Ait. The race will be held in two divisions, starting just below Syon House Pavilion and finishing at the MAA Boathouse. Distance approximately 4400m.

There will be officials placed along the course to maintain a constant line of sight of the course. There will be officials placed on the western end of both restricted zones at Kew to monitor the progress of powered vessels against the stream and assess the need for 'line astern' navigation through the Kew area.

Safety provision will be by a designated launch in the Brentford - Kew area.

History of the UH Head.

This event has been held in this location for many years. There have been no fatalities or significant injuries related to the conduct of this event known to the author in this period.

2006: event was rowed over a reduced course because of difficult conditions (wind against tide) above Brentford Lock.

2007: Thames Barrier closure immediately prior to the event which reduced the very strong stream to more acceptable conditions, but the novice section was scratched due to concerns about the likely stream conditions.

2008: No specific issues.

2009: Collision between a coxless 4 competing in the race and a small powered launch at Brentford Lock; with swamping of the racing shell but no injuries. The incident was reviewed by the PLA and the TRRC RSA, and it was felt that the collision resulted from a failure to keep an adequate lookout on the part of both boats and there was an onus on the event to ensure that the navigation of external boats was not compromised. Decision to not accept entries from coxless boats unless can demonstrate proficiency in steering (note need for any college club to meet high threshold).

2010: No specific issues.

2011: No specific issues.

2012: No specific issues

2013: No specific issues.

2014: Very significant fluvial flows during the winter months. Race format changed to exclude novice crews and race time altered to occur during the rise following low water. This provided reasonably settled conditions for the race.

2015: No specific issues.

2016: No specific issues.

2017: No specific issues.

2018: No specific issues on race day (note extreme cold conditions in previous week which led to precautionary cancellation of other events that weekend – due to local nature of this event the race was held in good conditions).

2019: No specific issues.

2020: Very fast stream conditions, difficulty in marshalling more novice crews in division 2. Event held just before coronavirus pandemic.

2021 (May and October, timetrial) No specific issues.

2022: No specific issues.

2023: No specific issues.

Coronavirus risk assessment

- please see https://www.uhboatclub.co.uk/important-information

Key risks and mitigation process

Key risk (reference)	Measured variable	Risk level	Risk rating	Mitigation	Responsibility
Changes to fluvial flow	PLA fluvial flow flag	Black flag	Black	Consider impact of delay in establishing ebb stream	CORC (CU)
		Green flag	Green	Nil	N/A
		Yellow flag	Amber	Consider: 1. exclusion of novice 80 and any 4+s change in time of racing if possible to later in ebb or after low water	1. CU 2. UHBC comm ittee (aim for decision > 24 hours prior to race time)
		Red flag	Red	Cancel or defer race to another date Consider change in time of marshalling and racing if possible to flood direction; only senior and intermediate crews	1. CU 2. UHBC committee (aim for decision > 24 hours prior to race time)
High wind speeds (9)	Forecasted wind direction and speed	Forecast Mean < 15mph or Gusts < 25mph	Green	Course inspection by CU prior to race	С
		Forecast Mean 16- 20mph or Gusts 25- 35mph (especially easterly at Brentford Lock or	Amber	Decision may need to be made on race day following high water and may need to be based on course inspection and review of actual wind speeds Consider: 1. Cancel or defer race to another date	CU UHBC Committee (decision may need to be made on race day)

Γ	T	T			
		southerly		2. Shortening of course to	
		alongside		finish at ULBH (if strong SE	
		Isleworth		gusts)	
		Ait)		3. Shortening of course to	
		,		start alongside Brentford Ait	
				(if strong easterly gusts)	
				4. Combination of the above	
				(see appendix 11)	
		Forecast	Red	Decision may need to be	CU
		Mean >		made on race day following	UHBC
		20mph or		high water and may need to	Committee
		Gusts >		be based on course	(decision may
		35mph		inspection and review of	need to be
				actual wind direction and	made on race
				speeds (note that forecast	day)
				may > actual gust speeds)	adyj
				, , ,	
				Consider:	
				Cancel or defer race to	
				another date	
				Other options shown in	
				'amber' risk rating but only if	
				actual gust speed appears <	
				35mph and stable direction	
Transmission	Illness due	Coronavirus	Green	Follow any British Rowing	
of	to	alert levels		guidelines	
coronavirus	coronavirus	1,2		Sandenines	
infection ¹	infection	BR rowing			
IIIIection	transmission	level 1		Adhere to UK Government	
	associated	IEVEL I			
				legislation	
	with the			https://www.gov.uk/coronav	
	competition			<u>irus</u>	
		Coronavirus	Yellow	Nil	Nil
	UK	alert level 3			
	Coronavirus	BR rowing			
	alert level	level 2			
		Coronavirus	Amber	Follow British Rowing	1. CU
	BR rowing	alert level 4		guidelines	2. UHBC
	level			Adhere to UK Government	comm
		BR rowing		legislation	ittee
		level 3		Consider cancellation of race	(aim for
		icver 5		if deteriorating local or	decision > 24
				G	
				national trend in community	hours prior to
		_		prevalence and impact	race time)
		Coronavirus	Red	Cancel race	1. CU
		alert level 5;			2. UHBC
		Local/nation			committee
		al lockdown			(aim for
		with travel			decision > 24
		restriction;			
	I .	restriction,			

¹ And similar virus infections

BR rowing		hours prior to
level 4 or 5		race time)

Table of risks and control measures

Risk Assessment Matrix (Row Safe 2008 v1 section 1.2)

	Most likely severity of harm					
Likelihood of harm	Slight harm	Moderate harm	Extreme harm			
Very unlikely	Very low risk	Low risk	Low risk			
	1	2	3			
Unlikely	Low risk	Medium risk	Medium risk			
	4	5	6			
Likely	Medium risk	Medium risk	High risk			
	7	8	9			
Very likely	Medium risk	High risk	Very high risk			
	10	11	12			

	Risk	Issues	Probability of accident	Likely severity	Risk estimation	Control measures
1	Risk of collision with other oared boat, powered vessel or fixed obstruction	Novice and inexperienced coxes. Coxswains fail to attend coxswains' pre-race meeting Lack of adherence to competitors' instructions Risk of meeting powered vessels coming upriver during race (river not closed); especially in Kew restricted zones.	Likely	Slight Harm	Medium 7	i. UH sets basic minimum coxing experience criteria ii. Annual testing of all coxes boating from ULBH by ULBH safety advisor (similar process at other boathouses) iii. Emphasis on responsibilities of individual club captains at UH committee meeting and elsewhere to ensure compliance with marshalling instructions and attendance at coxswains' meeting. iv. Coxswains' meeting – emphasise the need to adhere to the TC v. Emphasise need at briefing for officials' launches to be in designated position throughout marshalling and race. vi. Race officials monitor powered vessel activity and provide instruction to competitors during race. Event needs to ensure that there is appropriate tasking for these roles. vii. Ensure adequate gaps between crews.
2	Radio communication failure	Immersion of handset/ severe rain Handset battery failure Handset failure. Length of course. Positioning of booster station. Aim to use digital radio system for better course-wide coverage	Unlikely	Slightly harmful	Low 4	i.Mobile phones as back-up; ii.Total system failure will require control to consider suspension of event. iii.Aim to use digital rather than analogue radio system iv.If using analogue radio system - there may be some difficulty in maintaining clear radio contact between start and finish despite optimum positioning of booster station (on roof level of ULBH); therefore: • Two analogue radio groups designated: Start group (L1,2,3,4, safety & BM 1 & 2); Finish group (L5,6,7,8, safety & M2,3,4&5) • Direct contact (mobile telephone back-up) essential between L1 and BM3 and BM5 BM2/L5 to act as relay for both radio groups IF NEEDED
3	Use of inexperienced race officials	Use of relatively junior personnel (student based) Limited availability of licenced umpires	Likely	Slight harm	Medium 7	i. Invitation of other licenced umpires by CU ii. Role allocation by CU (high risk area – Kew RZs) iii. Briefing by chief umpire iv. Overall control by chief umpire waterborne in start area

		1	1	1		
						v. Adherence to radio code
4	Launch engine failure	Borrowed launches. Engine failure/ lack of petrol during event; 7 launches in action Launch failure prior to event, with no available spare Grounding of engine due to low water depth	Likely	Slight Harm	Medium 7	i. The event will not commence without eight fully functioning launches. ii. Launch drivers need to be aware of the risk of grounding up river towards Syon. iii. If a launch failure occurs during the event, then control will take immediate steps to identify a reserve launch. If one is not available, then the control/CU will review whether suspension of racing is appropriate. It may be possible to transfer one or two race monitors to the single (e.g. 4 and 7).
5	Inadequate	Borrowed equipment	Very	Moderat	Low	i. UHBC will not allow the event to
	launch safety equipment	(responsibility rests with the individual club captains)	unlikely	e Harm	2	start without eight fully equipped launches ii. If a reserve launch is brought into action then control to check launch. iii. UHBC identifies responsibility of individual club captains at UHBC committee meetings and elsewhere to provide equipment in line with British Rowing 'Row safe'.
6	Immersion in the Tideway	Risk of immersion, hypothermia and drowning.	Very unlikely	Extreme	Low 3	i. All private matches based at ULBH will have appropriate rescue boat provision from recognised provider. ii. The event cannot commence without adequate safety boat cover. iii. Back up via RNLI if needed. iv. All coxes will wear buoyancy aids/lifejackets in line with BR Row safe v. Rowers will need to satisfy individual clubs regarding competence to swim; if not competent then they must wear an appropriate buoyancy aid or lifejacket. vi. If rowers are competent to swim then they will not wear specific buoyancy aids in line with national standards for rowing as set out in BR Row Safe
7	Medical evacuation	LAS ambulance. Primary evacuation route via ULBH.	Very unlikely	Extreme Harm	Low 3	i. CU and others medically qualified.ii. Other officials will also have basic life support provision ability.

		Secondary evacuation				iii. LAS outside of UH/ULBC control.
		routes shown in table				iv. Designated primary evacuation
		appendix 4				route via ULBH.
8	Fast ebb stream conditions (high fluvial flow)	PLA 'flag' system Greater chance of high fluvial flows during winter months	Likely	Extreme harm	High risk 9	i. CU and organising committee to review ebb flow rates over previous few days, and aim for early notification (>24 hours) to competitors about changes to the planned events. ii. If 'red' flag then event may not proceed on the ebb and no oared boats should be allowed on the Tideway; rowing may be possible during the time between low and high water (nominal flood) but the stream speed may still be high and the CU & organising committee may sanction senior crews only to race in this period provided there is a direct assessment of conditions immediately prior to such racing. iii. If 'yellow' flag then only senior and intermediate crews may boat on the ebb and the CU and organising committee may sanction senior and intermediate crews to race in this period provided that there is a direct assessment of conditions immediately prior to such racing. It may be possible for the CU and organising committee to sanction novice crews to race during the period between low and high water (nominal flood) but only if there has been a direct assessment of conditions immediately prior to such racing. No crews comprising members who have less than two term's rowing experience should boat during the ebb stream in 'yellow' flag conditions. iv. The CU and organising committee may decide to revert to contingency plans (appendix 11); e.g. run the race upriver on the middle of the flood period. There will be a coxes' briefing immediately prior to the race in case of any significant change to the
9	Poor weather conditions	High wind speeds Heavy rain Limited visibility Fog	Likely	Extreme harm	High risk 9	i. CU and organising committee to review weather forecasts over previous few days and aim for early notification (>24 hours) to competitors about adverse weather conditions. ii. If gusts are forecast >35mph in a direction parallel to the river and against the stream then there is a high likelihood of unrowable conditions especially near high water (e.g. at

						Brentford on the ebb with an easterly wind).
						iii. However the Mortlake reach is relatively sheltered from the
						prevailing southwest wind direction
						and it may not be possible to
						accurately predict the impact of high
						wind speed on the water conditions until the time of the event.
						iv. If there is doubt then the
						organising committee will instruct a
						delay in boating from ULBH and TSSC
						until there has been a course
						inspection by the CU.
						v. The CU and organising committee may determine that it is possible to
						achieve safe racing conditions by
						curtailing the course (including
						starting at Brentford Ait or finishing at
						ULBC) – see contingency plan. If there is a significant change to the race
						format there will be an additional
						coxes' briefing immediately prior to
						the race.
						vi. Heavy rain or other climatic
						conditions may temporarily reduce visibility and the CU will monitor the
						situations during the event.
						vii. If the visibility is reduced such that
						the railway bridge cannot be seen
						clearly across the width of the river
						from the balcony of ULBH then the event should be suspended.
10	Navigation of	Navigation of other	Likely	Slight	Medium	i. Limited volume of powered vessel
10	powered vessels	vessels must not be	Linciy	harm	7	traffic on Tideway in winter
	in regatta area	impeded				ii. Event advertised on PLA event
		Adequate look-out by				calendar.
		coxes, marshals, umpires				iii. Effective use of bank marshal (spotter) downriver of race finish to
						advise of oncoming vessels; to liaise
						with start.
						iv. Experience of race starter/officials
						Monitoring of VHF channel 14 by
						event and safety launch (VHF licenced).
11	Watermanship of	Failure of cox to keep	Likely	Slight	Medium	i. See 1 above;
] -	competitors	adequate look-out.		harm	7	ii. Supervision by launches of TC
	proceeding to	·				rules in inshore zone
	marshalling area	Failure to adhere to				iii. Officials 4 and 7 to be on station
		PLA byelaws & TC				promptly and monitor crossing points. Official 4 to control Syon crossing
						point, official 7 opposite UL.
						iv. Pre-race information to coxes,
						only experienced coxes (30 hours
						experience minimum) permitted to
						race; emphasise care to be taken

						when proceeding to the marshalling zone to avoid other crews proceeding in the opposite direction on the flood (especially at the crossing points (upstream of ULBH and at Syon crossing). v. Port-hand buoys helps control risk by identifying correct navigation channel.
12	Supervision of marshalling area	Crews rowing at firm pressure in congested area Failure to keep line astern Crews turning Impact of fast stream (excess land water)	Likely	Slight harm	Medium 7	i. 3 launches in marshalling area; ii. Marshals in this area generally under direct supervision of CU; iii. Pre-race instruction to coxes, experienced coxes only iv. Race scheduled for as late as possible in the day to reduce conflict with non-event crews. v. Requirement for line astern marshalling; vi. No firm pressure / racing starts in marshalling area; vii. Official 4 to hold crews below Syon crossing if excess congestion. viii. Chief Umpire to exclude novice crews if conditions unsuitable
13	Turning of competitors on the stream Unsafe river conditions immediately prior to race	Unobserved obstruction on course Motor vessel against stream on course (especially at Kew RZ) Non-compliant external crew Novice boats have a larger turning circle; Failure of cox to keep adequate look-out; Failure of marshalling launches to supervise turning; Crews turning too far onto the starboard aspect of the fairway alongside Isleworth Ait	Likely	Slightly harm	Medium 7	i. Adequate supervision by CU/marshalling launches; ii. Adequacy of experience of race officials; iii. Area under direct supervision of CU during racing periods; iv. Pre-race information to coxes, experienced coxes only; v. Chief Umpire to check whole of marshalling area and check with control prior to starting race. vi. CU will not start to turn crews until the river conditions (including other river traffic) appear suitable. vii. Chief Umpire to ensure adequate time gaps between each crew being set off to reduce likelihood of bunching at Kew RZ viii. Attention by marshals to keep crews against stream in correct position on Middlesex side.
14	Watermanship of crews during race	Failure to keep adequate look-out Failure to adhere to TC Conflict with motor vessels Difficulty in communication between officials and coxes	Likely	Slight Harm	Medium 7	i. Pre-race information to coxes; ii. Ensure all coxes have key minimum competencies as assessed by club captains; specific requirement on all club captains to disclose problems with competency at previous UHBC committee meeting

		Cox failing to return to the starboard aspect after overtaking in accordance with event rules and TC				iii. Crews will be seeded in last year's finishing order to attempt to reduce the amount of overtaking required. iv. Launch 4 will be on the Syon crossing point to monitor both UH crews racing on the stream and non-UH crews crossing from Surrey to Middlesex against the stream. v. Chief marshal will delay race start to avoid possible conflict in Kew RZs with oncoming powered vessels vi. Chief marshal will establish sufficient gaps between crews at the start to reduce risk of overtaking/bunching of crews
						vii. Launches equipped with adequate megaphone and flags viii. Line of sight by marshals along whole course ix. No coxless boats in event except documented assurance of navigational competence.
15	Navigation in Kew Restricted Zone	Variation of TC by event (agreed with PLA) Potential narrowing of channel in RZ's by oncoming powered vessels	Likely	Slight harm	Medium 7	i. Lead Official in L5 to assess river conditions in Kew RZ as race approaches; ii. Officials 5 & 6 to enforce 'line astern' racing if conditions not safe (e.g. oncoming powered vessel) iii. Significance of instruction 'line astern' to be emphasised at coxes meeting iv. Abandonment protocol to be emphasised at coxes meeting
16	Race finish and turning	Ebb finish – possibility of drifting down	Unlikely	Moderat e harm	Medium 5	 i. Dedicated finish marshal to ensure crews do not stop in Chiswick Bridge restricted zone & they exit before turning ii. Novice crews coxed by experienced coxes; iii. Procedure for turning in pre-race information to coxes
17	Watermanship of returning crews	 Adherence to PLA byelaws Failure to proceed in in-shore zone in accordance with TC Crews retuning to ULBH against ebb stream crossing across racing crews 	Unlikely	Moderat e harm	Medium 5	 i. Officials to ensure crews turned and following correct course back to boathouse. ii. Emphasis on proper navigation in in-shore zone at coxes' and officials' meeting. iii. Official 7 to monitor returning crews especially whilst race still in progress.